



SILVERSTONE PODIATRY



# THE TOP 10 THINGS YOU MUST KNOW BEFORE CHOOSING YOUR PODIATRIST

SILVERSTONEPODIATRY.COM (646) 657-0070

## Intro Letter From Founder Dr. Nick Argerakis

Dear Friend,

At Silverstone Podiatry, we value your and your loved ones' comfort and health above all else. We understand that what is suitable for one patient may not necessarily be the best choice for another, which is why we focus on personalized care based on your unique needs. If you are searching for a foot and ankle specialist for you or a family member, this report will help you identify the most critical questions to ask your potential new podiatrist.

Our practice's most significant component is our extensive experience, but what truly sets us apart from other podiatry offices is our commitment to responsible and compassionate care. Our specialists strive to provide the highest quality foot and ankle treatments in a comfortable, friendly environment.

The questions in this report are the ten most important characteristics to look for in a podiatrist. When you find a podiatry office that will provide everything here, then you have likely found a caring provider who can help you achieve a pain-free, active lifestyle.

If you would like to learn more about any of the information provided in this report, please feel free to call us at **(646) 657-0070**. We are always happy to help, and we look forward to speaking with you about the exceptional podiatric medicine we can offer you!

To Your Foot Health,



Dr. Nick Argerakis



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1. Do They Have

## Extensive Experience?

When choosing a new podiatrist, consider their training and experience first. A podiatrist who has already seen a wide variety of cases will likely have already treated a foot condition similar to yours. Prior experience can help your podiatrist foresee any potential risks or complications during your treatment. With this knowledge, you can feel assured that your treatment recommendation is genuinely the best for you and that your treatment will be successful.

Our team at Silverstone Podiatry has helped 5,000 people in Manhattan and beyond since 2013! Our board-certified doctors bring years of experience and advanced training to our patients every day. We strive to offer personalized, comprehensive care and provide thorough exams for the most accurate diagnosis and your best foot health.





## 2. Are They

### **Board-Certified Specialists?**

Podiatrists must complete rigorous training to earn their degrees, and after their training, a board certification represents the culmination of years of building expertise on top of that. Our experts are recognized by their peers and are board-certified and fellowship-trained.

Additionally, education shouldn't stop after degrees and board certifications. In order to realize our goal of providing the best possible care to every patient,

we are committed to continued education and training. Our experts belong to the following associations:

- American College of Foot and Ankle Surgeons
- American Podiatric Medical Association
- American Board of Podiatric Medicine
- New York State Podiatric Medical Association

3. Are They Using

## Advanced Technology?

A great podiatrist will understand the importance of staying current with recent scientific research in podiatry and applying the most current knowledge to their practice. Even though the field of podiatry continues to advance, some podiatrists don't take the necessary steps to ensure they're up to date on the most current equipment, diagnostic procedures, and treatment options. You should ask your potential podiatrist if they are always on the cutting edge of podiatric treatments and technologies.

At Silverstone Podiatry, we work hard to ensure our practice offers you the most advanced and effective technologies.

Podiatric technology includes many state-of-the-art tools, techniques, equipment, and materials to ensure you receive top-notch care. We have received the necessary training to utilize advanced technology for optimal foot care, such as:

- Diagnostic ultrasounds
- Digital X-rays
- ESWT (shockwave) treatment
- Stem cell therapy

Whether you are experiencing foot pain or ankle pain, you can rest assured that these tools and treatment techniques will ensure the best possible outcome.



4. Do They Provide

## Weekend Appointments?

When researching a new podiatrist, ask what their scheduling policies are and if they offer convenient appointment times that work with your schedule. In addition, consider how long a typical appointment time slot is and whether it leaves time for a thorough exam, and any follow-up questions you may have.

At Silverstone Podiatry, we strive to make your visits to our office convenient, pleasant, and thorough. For

your convenience, we offer weekend appointments! You can schedule appointments around your busy week and get the care you need on your time.

Contact our office for a convenient appointment that works with your schedule. If you call after business hours, we will get back to you as soon as possible the following day. We want to help relieve your foot pain and get you back on your feet!



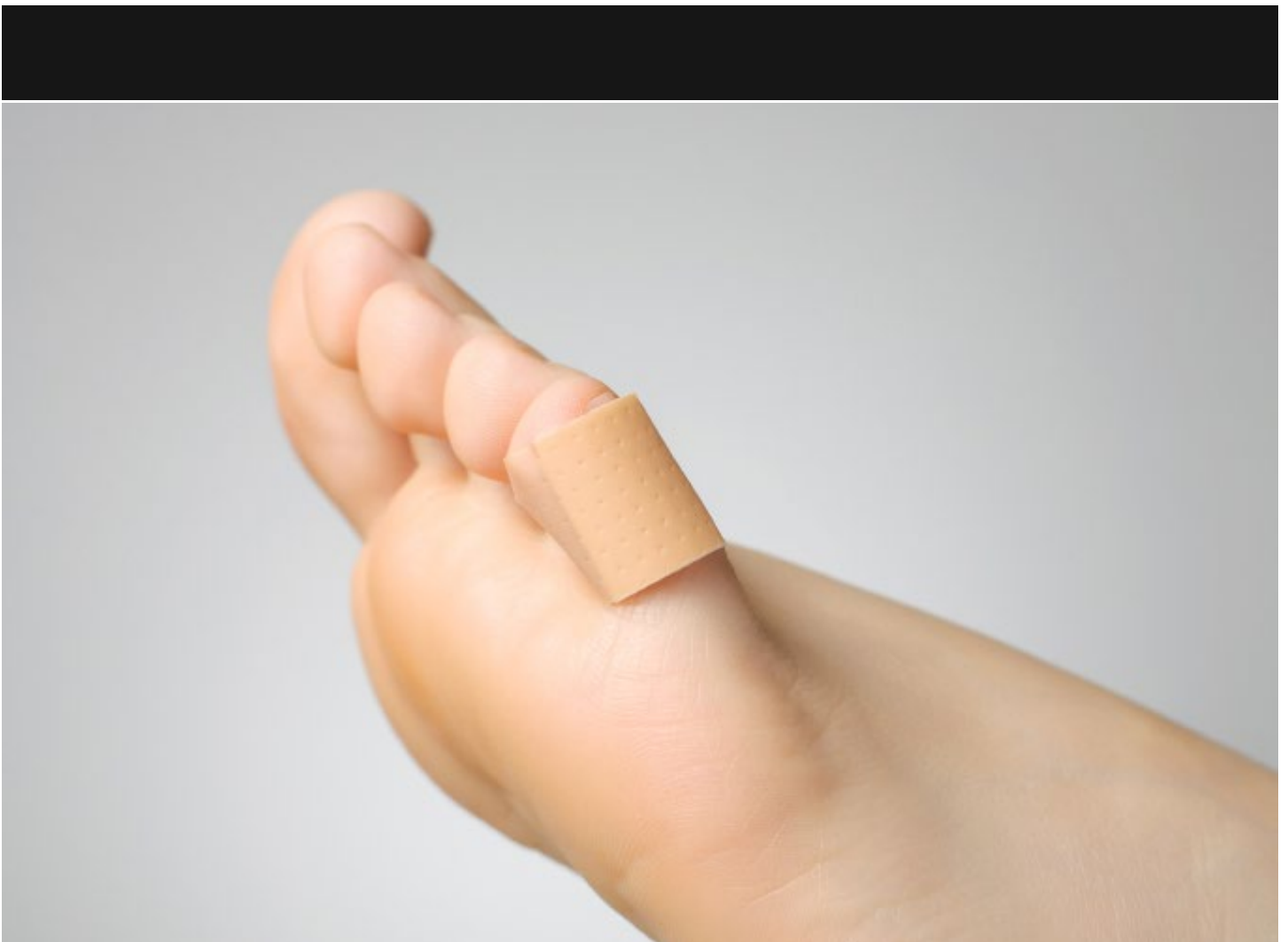
5. Do They Use An

## Aesthetic Approach?

Finding a podiatrist who will meet your needs and alleviate discomfort and pain is, of course, important. However, some podiatrists are not primarily concerned with the aesthetic side of foot and ankle surgery. Function, health, and comfort are priorities in podiatry, but that does not mean you should have to live with an unsightly foot! Make sure that your potential new doctor considers the

aesthetic aspect of foot and ankle surgery.

At Silverstone Podiatry, our team wants to make sure you feel confident that you have healthy, attractive feet and ankles after your treatment and recovery are complete. That's why we use an aesthetic approach for every treatment we employ. We hope you leave our practice feeling healthy, happy, and confident.





6. Are They Providing

## Same-Day Consultations?

If you've experienced severe foot or ankle pain in the past, you know that sometimes being seen by the doctor is an urgent matter. You shouldn't have to sit around in pain waiting for a regular appointment. Furthermore, delaying treatment in some cases can lead to long-term damage. Be sure that your potential new provider can get you in for a same-day appointment in case you ever need one.

At Silverstone Podiatry, we understand that foot pain can come on suddenly and be frightening and painful. If you ever experience severe foot pain, trauma, or injury, we offer same-day consultations so you can get pain relief as soon as possible. We want to help relieve your foot pain and get you back on your feet!





7. Can You

## Get Started At Your Consultation?

Many patients are actively experiencing foot pain when they make their first appointment with a podiatrist. Your treatment must start as soon as possible after your consultation, especially if you are diagnosed with a severe foot or ankle problem, broken bones, or an injury. If you have to make a second appointment, it's not only inconvenient but also forces you to wait in pain. Be sure that your potential new provider can provide pain relief at your consultation.

Silverstone Podiatry offers convenient appointment times, and same-day treatment starts so you can experience pain relief on your first visit. Once you've had your initial consultation, we will discuss your treatment options and begin treatment that same day if you would like to. Getting you back on your feet is our top priority, so we strive to make your treatment as quick and convenient for you as possible!

8. Are They An

## Authority In Their Field?

A great podiatrist will understand the importance of staying current with recent scientific research in their field and applying the most up-to-date knowledge to their practice. Additionally, having experts on their team who are committed to ongoing learning & teaching and are involved with associations and medical centers means that they are abreast of new diagnostic and treatment options.

Silverstone Podiatry is a trusted authority in the podiatry field, and both of our experts spend time teaching future podiatrists the most cutting-edge treatment methods. Dr. Nick holds a medical staff position in the Department of Orthopedic & Podiatric Surgery at Lenox Hill Hospital. He is also an active clinical faculty member in the Department of Surgical Sciences at the New York College

of Podiatric Medicine, where he is extensively involved in the education and training of students and residents.

Dr. Adam has given many lectures on various surgical topics to both residents and podiatric medical students. He is ABFAS board-qualified in both forefoot and rearfoot surgery and is ABPM board-certified.

In addition, our experts belong to the following associations:

- American College of Foot and Ankle Surgeons
- American Podiatric Medical Association
- American Board of Podiatric Medicine
- New York State Podiatric Medical Association



9. Will They

## Respect Your Time?

Your potential new podiatrist should know that commitments like work, school, and extracurricular activities can make it difficult to make and keep doctor's appointments. If you are respectful enough to show up on time, your appointment should start on time – you should never have to wait. Be sure that your provider respects their patients' time by checking waiting room reputations and asking if their appointments usually begin on time.

At Silverstone Podiatry, we ensure that your appointment proceeds smoothly and efficiently. Our team keeps our schedule well organized, with plenty of time allotted to ensure you get the personalized attention you deserve. That means you'll have virtually no wait time when you arrive to see us! We won't rush you during your appointment, and you will have the chance to ask questions and become informed on the decisions that will directly impact your foot health.



10. Do They Offer a

## New Patient Consultation?

When you go for your first visit as a new patient, a good podiatrist should ask about your concerns, take the time to do a thorough exam, and ensure that you are fully informed by explaining your treatment in detail. Make sure that your potential podiatrist offers a new patient consultation to discuss your foot and ankle problems.

At Silverstone Podiatry, we believe that you should get to know your podiatrist and understand their processes before committing to treatment. This is why we offer a **New Patient Consultation** to our patients who are looking for podiatric care. This assessment covers:

- Discuss Your Goals
- Have All Your Questions Answered
- Complete Examination
- Custom Treatment Options

You can also start treatment on the same day as your consultation if you would like to. Our experts take the time to explore your unique needs and answer your questions prior to recommending the next steps for your treatment. We always provide a straightforward plan with a consultative approach to help you feel comfortable and ready to proceed with treatment.



11. Bonus: Do They Offer

## Flexible Financing Options?

This report was only supposed to include ten crucial questions to consider when looking for a podiatrist, but affordability is so important that we've included this section as a bonus.

It is critical to know what kind of payment options your potential podiatrist offers before making your decision. When considering the expert care provided at Silverstone Podiatry, we don't want finances to get in the way of the foot health care you need.

Our practice accepts most health insurance plans, but we are also committed to working with you and your unique situation. We never want patients to put off necessary treatment. We are proud to offer in-house payment plans and options through CareCredit so you can focus on what matters – getting your healthiest feet for a pain-free life. Ask us about our payment options during your consultation!



## Closing Letter From Founder Dr. Nick Argerakis

Dear Friend,

We hope this report was informative! If you've already seen another podiatrist and you aren't satisfied with their answers, we are happy to give you a second opinion. We invite you to schedule an appointment with us for a consultation at any time. Additionally, please feel free to call Silverstone Podiatry with any foot and ankle medical concerns.

At Silverstone Podiatry, our specialists understand the many factors to consider when choosing a new podiatrist. However, the information provided in this report will help you choose the right podiatry office for your foot health needs.

If you have any questions for us, please call us at **(646) 657-0070**. We look forward to welcoming you to Silverstone Podiatry!

To Your Foot Health,



Dr. Nick Argerakis

P.S. When you are ready, call **(646) 657-0070** to schedule your consultation. Your comprehensive foot health assessment includes a thorough exam and discussion about your concerns and goals. At that time, we will review your treatment options, provide a personalized treatment plan, and answer any questions you may have.

